



LEAP Report

**MRT[®] Food Sensitivity
Test Results**

And

**LEAP ImmunoCalm[®]
Dietary Management Program**

Prepared For: SAMPLE PATIENT
Physician: WELLNESS, MARK MD
Date: 07/10/2012
Identifier: S7012

Laboratory Director / Supervisor

MRT Results for S. PATIENT, page 1 of 2

Physician: **WELLNESS, MARK MD**
 Patient: **SAMPLE PATIENT**
 Identifier: **S7012**
 Profile: **MRT Test ML150**
 Test Date: **07/10/2012**
 Technician: **EH**



Oxford Clinical Laboratory
 3555 Fiscal Court, Suite #9
 Riviera Beach, FL 33404

Phone: (561) 848-7111
 FL License #: L800010492
 CLIA ID #: 10D0914874
 U.S. Patents: 6,114,174 6,200,815

Test Reaction Levels

Non-Reactive Moderately Reactive Reactive

Chemicals	Reaction Level
POTASSIUM NITRATE	Non-Reactive
PHENYLETHYLAMINE	Non-Reactive
SALICYLIC ACID	Non-Reactive
CAFFEINE	Non-Reactive
SORBIC ACID	Non-Reactive
LECITHIN	Non-Reactive
FD&C RED #3	Non-Reactive
FD&C RED #4	Non-Reactive
SACCHARINE	Non-Reactive
MSG	Non-Reactive
CAPSAICIN	Non-Reactive
SODIUM METABISULFITE	Non-Reactive
IBUPROPHEN	Non-Reactive
POLYSORBATE 80	Non-Reactive
SOLANINE	Non-Reactive
TYRAMINE	Non-Reactive
SODIUM SULFITE	Non-Reactive
ACETAMINOPHEN	Non-Reactive
FD&C GREEN #3	Non-Reactive
FD&C YELLOW #5	Non-Reactive
FD&C YELLOW #6	Non-Reactive
ASPARTAME	Non-Reactive
FRUCTOSE	Non-Reactive
BENZOIC ACID	Non-Reactive
CANDIDA ALBICANS	Non-Reactive
POTASSIUM NITRITE	Non-Reactive
FD&C RED #40	Non-Reactive
FD&C BLUE #1	Moderately Reactive
FD&C BLUE #2	Moderately Reactive
Dairy	Reaction Level
WHEY	Non-Reactive
CHEDDAR CHEESE	Non-Reactive
AMERICAN CHEESE	Non-Reactive
YOGURT	Non-Reactive
GOAT'S MILK	Non-Reactive
COTTAGE CHEESE	Moderately Reactive
COW'S MILK	Moderately Reactive
Flavor Enhancers	Reaction Level
MAPLE	Non-Reactive
BLACK PEPPER	Non-Reactive
CAROB	Non-Reactive
GINGER	Non-Reactive
LEEK	Non-Reactive
VANILLA	Non-Reactive
COCOA	Non-Reactive
CINNAMON	Non-Reactive
CANE SUGAR	Non-Reactive
HONEY	Non-Reactive
COCONUT	Non-Reactive
DILL	Non-Reactive
CAYENNE PEPPER	Non-Reactive
MINT	Non-Reactive
PAPRIKA	Non-Reactive
TURMERIC	Non-Reactive
PARSLEY	Non-Reactive
LEMON	Non-Reactive
OREGANO	Non-Reactive
SESAME	Non-Reactive
BASIL	Non-Reactive
MUSTARD	Non-Reactive
GARLIC	Reactive
CUMIN	Reactive

Fruits	Reaction Level
GRAPE	Non-Reactive
OLIVE	Non-Reactive
ORANGE	Non-Reactive
AVOCADO	Non-Reactive
STRAWBERRY	Non-Reactive
PLUM	Non-Reactive
PEAR	Non-Reactive
CHERRY	Non-Reactive
HONEYDEW MELON	Non-Reactive
WATERMELON	Non-Reactive
BANANA	Non-Reactive
PEACH	Non-Reactive
MANGO	Non-Reactive
CANTALOUPE	Non-Reactive
PAPAYA	Non-Reactive
CRANBERRY	Non-Reactive
RASPBERRY	Non-Reactive
PINEAPPLE	Moderately Reactive
APPLE	Moderately Reactive
APRICOT	Moderately Reactive
BLUEBERRY	Reactive
GRAPEFRUIT	Reactive
Vegetables	Reaction Level
STRING BEAN	Non-Reactive
SWEET POTATO	Non-Reactive
BROCCOLI	Non-Reactive
CUCUMBER	Non-Reactive
LETTUCE	Non-Reactive
CABBAGE	Non-Reactive
BEET	Non-Reactive
ZUCCHINI	Non-Reactive
YELLOW SQUASH	Non-Reactive
ONION	Non-Reactive
ASPARAGUS	Non-Reactive
CAULIFLOWER	Non-Reactive
CELERY	Non-Reactive
CARROT	Non-Reactive
GREEN PEPPER	Non-Reactive
TOMATO	Non-Reactive
EGGPLANT	Moderately Reactive
WHITE POTATO	Moderately Reactive
SPINACH	Reactive
MUSHROOM	Reactive
Grains	Reaction Level
BUCKWHEAT	Non-Reactive
KAMUT	Non-Reactive
SPELT	Non-Reactive
CORN	Non-Reactive
OAT	Non-Reactive
MILLET	Non-Reactive
RICE	Non-Reactive
QUINOA	Non-Reactive
WHEAT	Non-Reactive
AMARANTH (GRAIN)	Non-Reactive
RYE	Moderately Reactive
BARLEY	Reactive
Seafood	Reaction Level
SOLE	Non-Reactive
SCALLOP	Non-Reactive
TUNA	Non-Reactive
SALMON	Non-Reactive
SHRIMP	Non-Reactive
TILAPIA	Non-Reactive
CLAM	Non-Reactive
CRAB	Non-Reactive
CODFISH	Moderately Reactive
CATFISH	Reactive

MRT Results for S. PATIENT, page 2 of 2

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Degrees of reactivity may not in all cases correlate with presence or level of clinical sensitivity to the food. Strongly positive results have been found to correlate with food reactivity. It is appropriate to eliminate foods with Reactive Scores. Moderately reactive scores should be evaluated by the physician or dietitian based upon patient history and frequency of consumption. After an appropriate period of elimination, reintroduce them one at the time under physician and/or dietitian supervision.

If negative foods have been consumed regularly before drawing the blood for the test, there is high probability that they are 'safe' and are not likely to provoke symptoms. If test positive foods are eliminated from the diet, these non-reactive foods reasonably could remain in the permitted diet during the elimination phase. The clinician or dietitian should remain alert to the possibility that any of these foods might provoke symptoms.



LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:
SAMPLE PATIENT

Physician:
WELLNESS, MARK MD

Identifier:
S70123-0

Test date:
07/10/2012

Phase 1
DAYS 1 - 7

Phase 2
DAYS 8 - 12

Phase 3
DAYS 13 - 17

Phase 4
DAYS 18 - 22

Phase 5
DAYS 23 - 27

Proteins



EGG
LENTIL
LAMB
SCALLOP

SOLE
BEEF
TUNA
SALMON

SHRIMP
TURKEY
CHICKEN
SOYBEAN

CLAM
TILAPIA
GARBANZO BEAN
PORK

CRAB

Starches



BUCKWHEAT
SWEET POTATO
KAMUT

SPELT
CORN
MILLET

OAT
RICE
QUINOA

WHEAT
TAPIOCA
AMARANTH (GRAIN)

Vegetables



STRING BEAN
BROCCOLI
CABBAGE
CUCUMBER

LETTUCE
BEET
ZUCCHINI
YELLOW SQUASH

ONION
ASPARAGUS
CAULIFLOWER
GREEN PEA

CELERY
CARROT
GREEN PEPPER
TOMATO

Fruits



GRAPE
OLIVE
AVOCADO

ORANGE
PLUM
STRAWBERRY

CHERRY
HONEYDEW MELON
PEAR

WATERMELON
BANANA
PEACH

MANGO
CANTALOUPE
PAPAYA

Dairy / Miscellaneous



WHEY
COCOA

CHEDDAR CHEESE
AMERICAN CHEESE

YOGURT
GOAT'S MILK

COFFEE

Nuts / Seeds / Oils



OLIVE
ALMOND
SUNFLOWER SEED

CORN
HAZELNUT
PECAN

SOYBEAN
PISTACHIO
SESAME

WALNUT
CASHEW

Flavor Enhancers



MAPLE
BLACK PEPPER
CAROB
GINGER
LEEK

VANILLA
CINNAMON
CANE SUGAR
COCONUT
HONEY

DILL
CAYENNE PEPPER
MINT
PAPRIKA
TURMERIC

PARSLEY
LEMON
OREGANO
BASIL
SESAME

MUSTARD



LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:
SAMPLE PATIENT

Physician:
WELLNESS, MARK MD

Identifier:
S70123-0

Test date:
07/10/2012

Day 1

Day 2

Day 3

Proteins



BEEF
GARBANZO BEAN
LAMB
LENTIL
SALMON
TUNA

CHICKEN
CRAB
EGG
SHRIMP
SOLE
TURKEY

CLAM
PORK
SCALLOP
SOYBEAN
TILAPIA

Starches



AMARANTH (GRAIN)
MILLET
QUINOA
RICE

KAMUT
SPELT
SWEET POTATO
WHEAT

BUCKWHEAT
CORN
OAT
TAPIOCA

Vegetables



BEET
CARROT
CELERY
GREEN PEA
STRING BEAN

ASPARAGUS
BROCCOLI
CABBAGE
CAULIFLOWER
LETTUCE
ONION

CUCUMBER
GREEN PEPPER
TOMATO
YELLOW SQUASH
ZUCCHINI

Fruits



BANANA
GRAPE
MANGO
ORANGE
PAPAYA

AVOCADO
CHERRY
PEACH
PEAR
PLUM

CANTALOUPE
HONEYDEW MELON
OLIVE
STRAWBERRY
WATERMELON

Dairy / Miscellaneous



AMERICAN CHEESE
CHEDDAR CHEESE
WHEY
YOGURT

COCOA
GOAT'S MILK

COFFEE

Nuts / Seeds / Oils

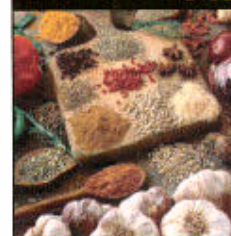


CASHEW
PECAN
PISTACHIO
WALNUT

ALMOND
HAZELNUT
SESAME
SUNFLOWER SEED

CORN
OLIVE
SOYBEAN

Flavor Enhancers



BASIL
DILL
HONEY
LEMON
MINT
OREGANO
PARSLEY

BLACK PEPPER
CAROB
CINNAMON
LEEK
MAPLE
MUSTARD
SESAME

CANE SUGAR
CAYENNE PEPPER
COCONUT
GINGER
PAPRIKA
TURMERIC
VANILLA

4410001
SAMPLE PATIENT
PERSONAL
WELLNESS, MARK MD
TEST PACKAGE
MRT Test ML 150
TEST DATE
07/10/2012



APPLE	GRAPEFRUIT
APRICOT	HOPS
BARLEY	MUSHROOM
BLUEBERRY	SPINACH
CATFISH	TEA
CUMIN	POTATO
GARLIC	
CODFISH	LIMA BEAN
COT. CHEESE	PEANUT
COW'S MILK	PINEAPPLE
CRANBERRY	PINTO BEAN
EGGPLANT	RASPBERRY
BLUE #1	RYE
BLUE #2	